

# Pilot Physical Checklist

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- **Complete MedXpress Form #8500**  
<https://medxpress.faa.gov/medxpress/>
- Bring Photo ID
- Bring glasses/contacts
- If you've been issued a **S.O.D.A. (Statement of Demonstrated Ability)** for fixed deficiencies such as color blindness, please bring that with you.
- If you have an **AASI**, bring the **Special Issuance Letter** from FAA with required **medical information** as outlined in letter
- **AASI – Special Issuance Resource**  
[https://www.faa.gov/about/office\\_org/headquarters\\_offices/avs/offices/aam/ame/guide/special\\_iss/](https://www.faa.gov/about/office_org/headquarters_offices/avs/offices/aam/ame/guide/special_iss/)
- **CACI Conditions Resource**  
[http://www.faa.gov/about/office\\_org/headquarters\\_offices/avs/offices/aam/ame/guide/certification\\_ws/](http://www.faa.gov/about/office_org/headquarters_offices/avs/offices/aam/ame/guide/certification_ws/)
- **Recent Surgery – Bring:**
  - office notes, letter of release including any limitations, new medications and follow-up plan from treating physician
  - hospital records/discharge summary if hospitalized
  - pathology report for surgery related to evaluation/diagnosis of malignancy such as prostate, skin, etc. including diagnostic biopsy of lymph node.
- **Kidney Stone - FAA requires:**  
For stone episode within **5 years of flight exam**, bring office notes and letter of release from the treating physician and a copy of scan/x-ray after stone passage to document presence/absence of other stones. If there are retained stones, a comment from treating physician stating likelihood of sudden incapacitation/attacks and follow up plans. Also include results from metabolic workup if performed and treatment recommendations.
- **OSA - Follow AASI guidelines**  
For those **WITH** diagnosis of OSA, bring required information as outlined in the AASI letter you received from the FAA.

For those with **NEW** diagnosis or **NOT** previously reported, bring:

- Sleep study report
- Letter from treating physician
- One year of CPAP data report; this report should reflect 6 hours of use EACH night and 75% DAILY usage.

OSA guidelines can be reviewed at the following link:

[https://www.faa.gov/about/office\\_org/headquarters\\_offices/avs/offices/aam/ame/guide/dec\\_cons/disease\\_prot/osa/](https://www.faa.gov/about/office_org/headquarters_offices/avs/offices/aam/ame/guide/dec_cons/disease_prot/osa/)

- **DUI** - See AME Guide regarding protocol

<https://www.faa.gov/pilots/safety/pilotsafetybrochures/media/dui-infographic.pdf>

[https://www.faa.gov/about/office\\_org/headquarters\\_offices/ash/ash\\_programs/investigations/airmen\\_duidwi/](https://www.faa.gov/about/office_org/headquarters_offices/ash/ash_programs/investigations/airmen_duidwi/)

- **ADD/ADHD, Anxiety and Depression Medications**

**\*\* Typically requires a deferral to FAA for consideration \*\***

The medications associated with these conditions are not allowed except for some of the SSRI's which can be approved by the FAA on a case by case basis.

- **Asthma**

Use of daily medications for asthma control require letter from treating physician as well as Spirometry within 90 days of exam, see CACI Conditions below for further information.

[http://www.faa.gov/about/office\\_org/headquarters\\_offices/avs/offices/aam/ame/guide/certification\\_ws/](http://www.faa.gov/about/office_org/headquarters_offices/avs/offices/aam/ame/guide/certification_ws/)

- **Lasik Surgery**

If within 2 years of exam, FAA requires a letter of release & completion of Form 8500-7 by treating physician

[https://www.faa.gov/documentLibrary/media/Form/FAA Form 8500-7.pdf](https://www.faa.gov/documentLibrary/media/Form/FAA%20Form%208500-7.pdf)

- **General Resource Guide for Disease Considerations -**

[https://www.faa.gov/about/office\\_org/headquarters\\_offices/avs/offices/aam/ame/guide/dec\\_cons/disease\\_prot/](https://www.faa.gov/about/office_org/headquarters_offices/avs/offices/aam/ame/guide/dec_cons/disease_prot/)